

# ARLINGTON PUBLIC SCHOOLS DISCOVERY ELEMENTARY EXPLORERS

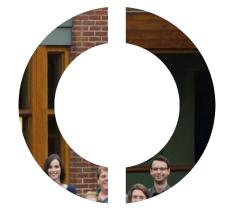


VMDO











# SUSTAINABILITY

conservation

health + wellness

stewardship



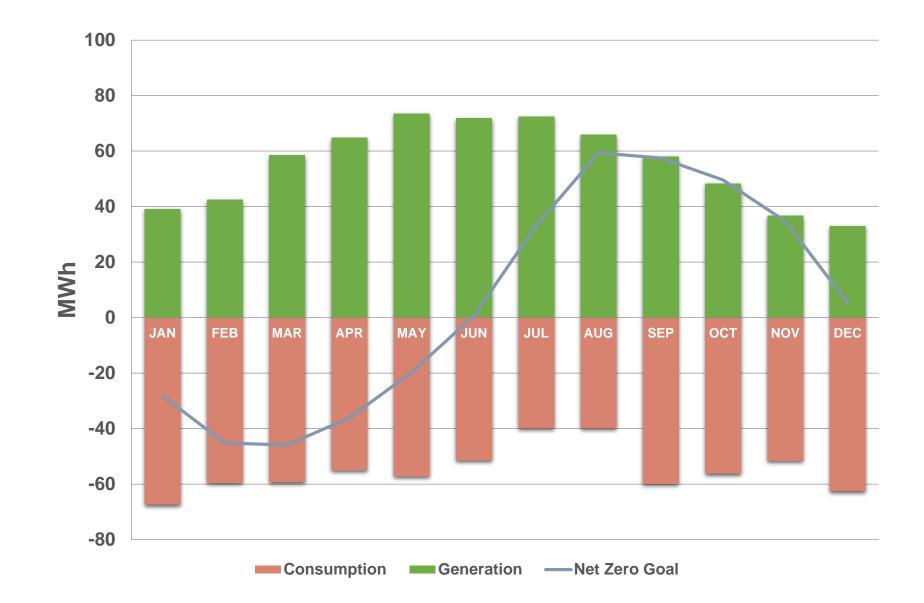
Place

compelling

engaging

visceral





### What is net-zero energy?

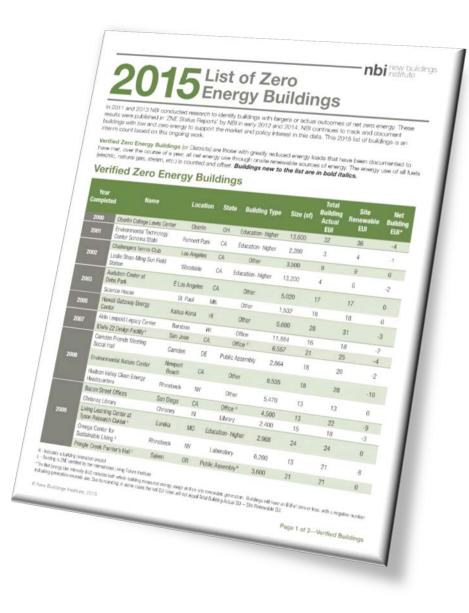
#### 39 Total

Net Zero Buildings in the United States

152+ in planning stages

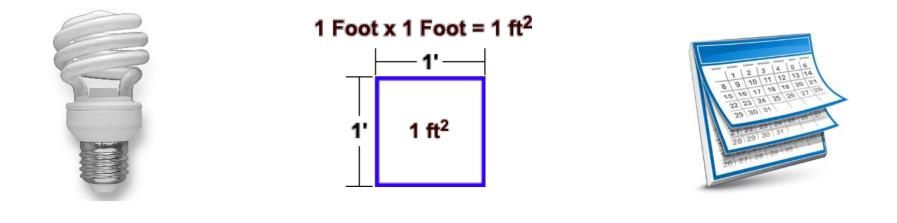
#### 7 K-12 School Projects

Lumber Bridge <b>NC</b>	74,000 sf
Lexington <b>KY</b>	70,000 sf
Bowling Green KY	72,285 sf
Hood River OR	5,331 sf
Kamuela <b>HI</b>	5,902 sf
Seattle WA	1,425 sf
Putney VT	16,800 sf



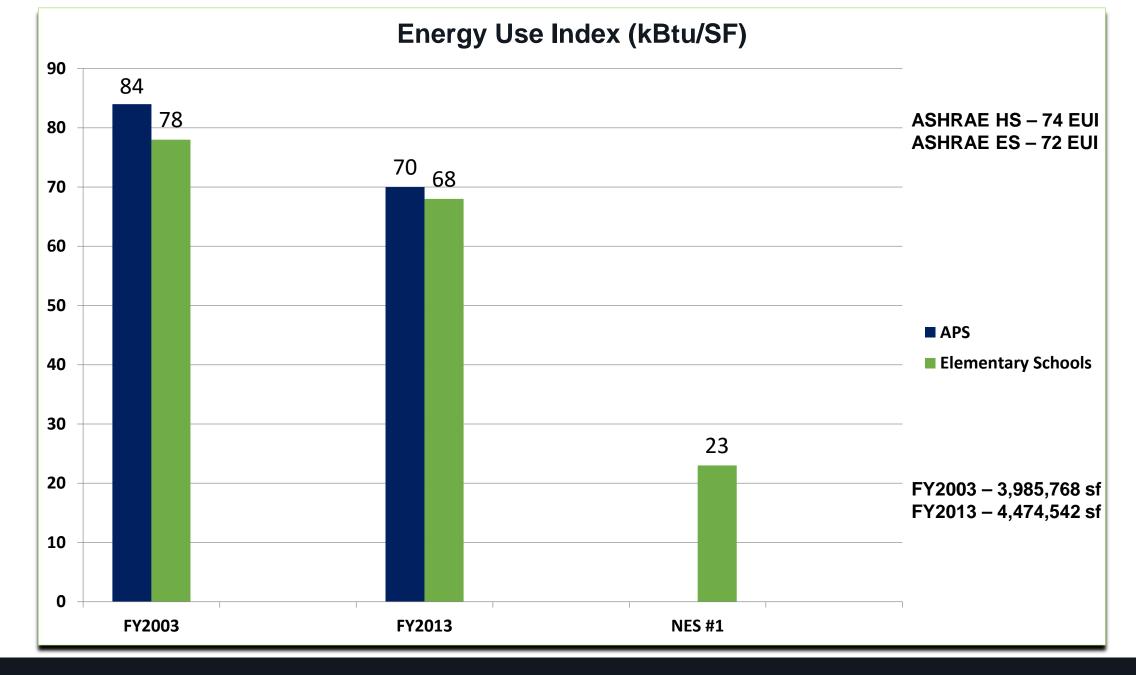
### How many net-zero-energy buildings are there?

# Energy Use Intensity (EUI) = Energy use per square foot over one year



kBTU / s.f. / yr.

How is energy use measured?



### APS Reduction + NES Energy Goal



#### Are you willing to question...

How your power is purchased?

How food is cooked in the cafeteria?

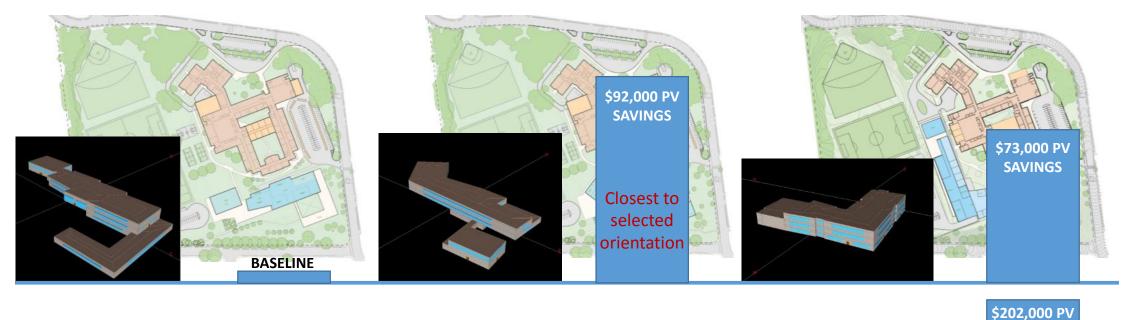
How you procure and use information technology?

How testing is administered?

How you schedule your building systems? (including IT and kitchen)

How you clean your buildings?

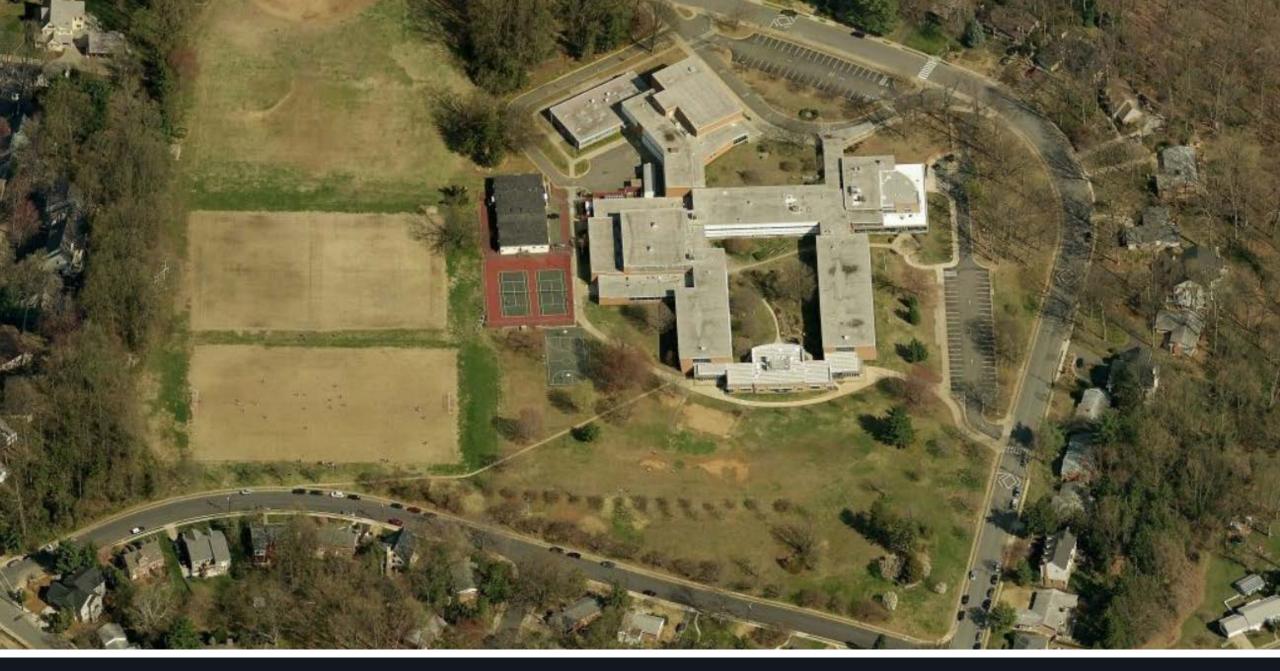
#### Can't expect 21<sup>st</sup> century results from 20<sup>th</sup> century process





#### Energy Modeling + PV Offset Costs

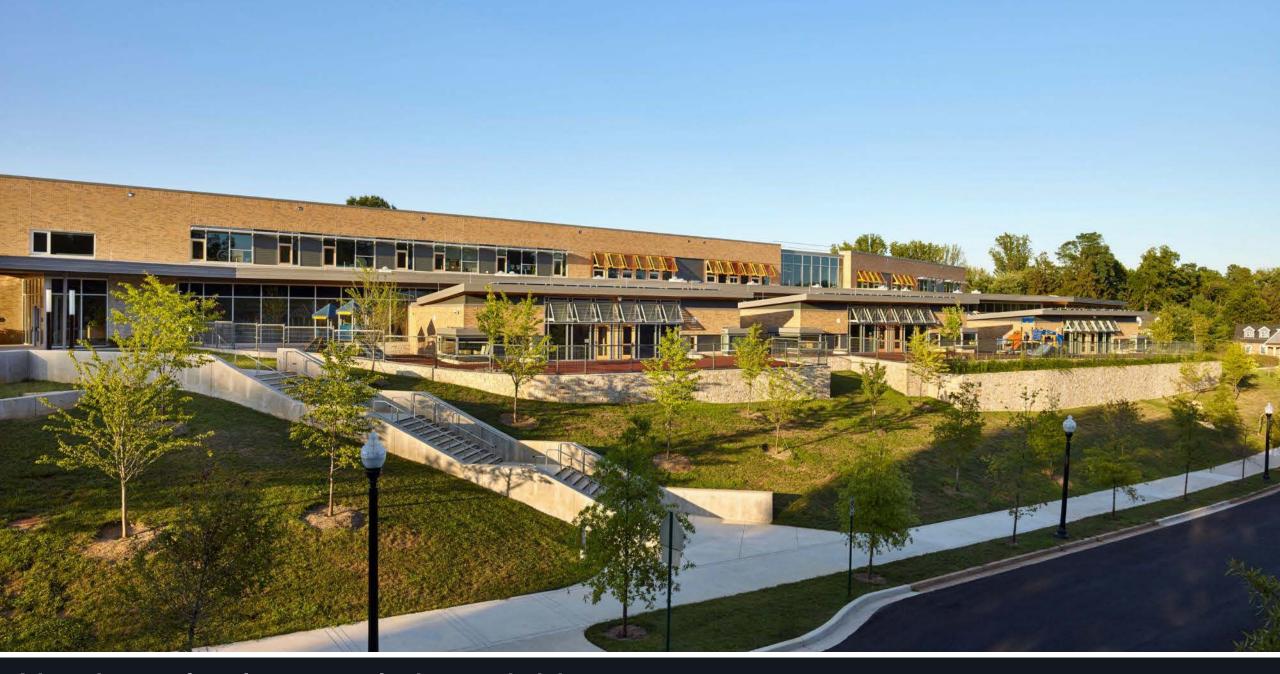
#### SITE AND MASSING OPTIONS



# Aerial view of existing conditions before project



# School tied into south facing slope | preserved programmable space



# No view of solar panels by neighbors



# Good energy design + good neighborhood design



# 496 kW array, 1706 panels | Harvesting & celebrating light



Proper shading techniques + covered outdoor play space



# Use of glass for impact | Cost shifting & energy modeling

**ICF** Thermal Envelope Air tight building **Geothermal HVAC Demand Control** Ventilation **LED** Lighting Daylighting **Green Kitchen Right Sizing Equipment Real-Time Power** Monitoring **Renewable Solar PV** Energy



### **Discovery Energy Reduction Strategies**

# **Performance to Date**

Bid \$4 Million under budget and completed under budget (with array and 2 turf fields)

**\$331/sf** (typical range inside the Beltway)

#### 2015-2016 School Year (actual)

APS Elementary School Energy cost average: \$1.10/sf Discovery: \$0.32/sf (with PV array not online until Jan)

2016-2017 School Year (anticipated)

Discovery: \$0.14/sf

\$94,000 annual savings in operating costs





#### WHAT

#### IS A NET ZERO ENERGY BUILDING?

SOVERY ELEMENTARY

A net zero energy building generates more energy in a year than it uses. Our school still uses energy from the local electric power grid, but also sells the clean, renewable energy produced by our solar panels back to the same power grid. Our school will be "net zero" because, over the course of 12 months, it will have cleanly produced as much energy as consumed, if not more!

#### WHY HAVE A NET ZERO ENERGY BUILDING?

SCHOOL

Using design strategies that CONSERVE energy, our school consumes less energy than most buildings its exerce the school can also PRODUCE clean, renewable energy and provide it back to the local electric power grid. This energy is then used by local neighborhood buildings during peak electricity usage times throughout the year. Our school is a model of how clean, renewable energy can be produced to meet our local energy needs and also reduce the carbon impact a building can have on the natural environment.



O





LIGHTING Microso, wire tabes, will alryight throughout our actual wave narmet light accreas, kill of our elastics to these narmet light accreas, kill of our elastic lights are surged and this light fairback (SLR) and are expected to ball up to 30 years each

#### ALL-ELECTRIC KITCHEN



Our enclosely sourcharging more and as a hauge number and the source data gains and the source data gains as at the first those. It also also also for miss of instance flapt units great values outsigns. The north's state providents source to all the mapping data units partial, which also provides governant mathematical provides and an annual the source solution of the mapping of the solution mathematical provides and an annual source of the solution.

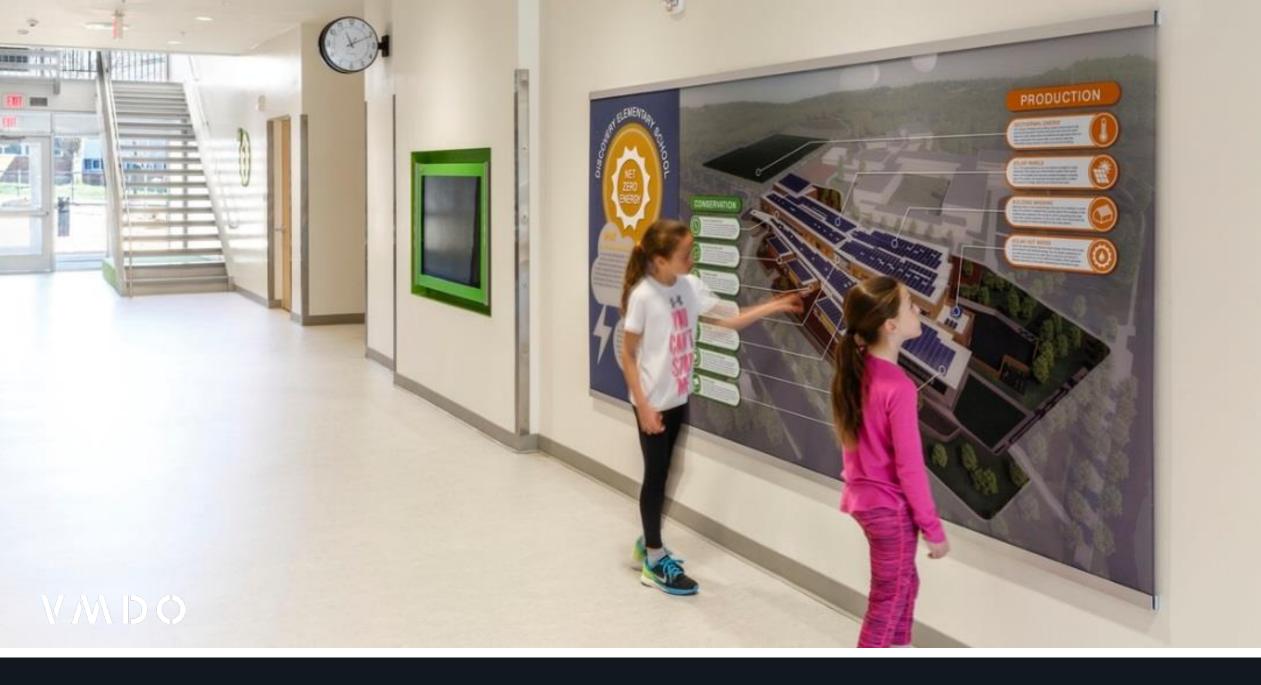


And Constants

SOLAR HOT WATER Refer has more registerial addressing the barry does the such regist and source 11 two therein addressing the barry address of distance and

divenus. The powers and of two different organs, which generate different amounts of hot waw depending on the time of year.

PRODUCTION





1st Floor: Earth

2<sup>nd</sup> Floor: Sky

### Using Wayfinding to Teach about "Your Expanding World"



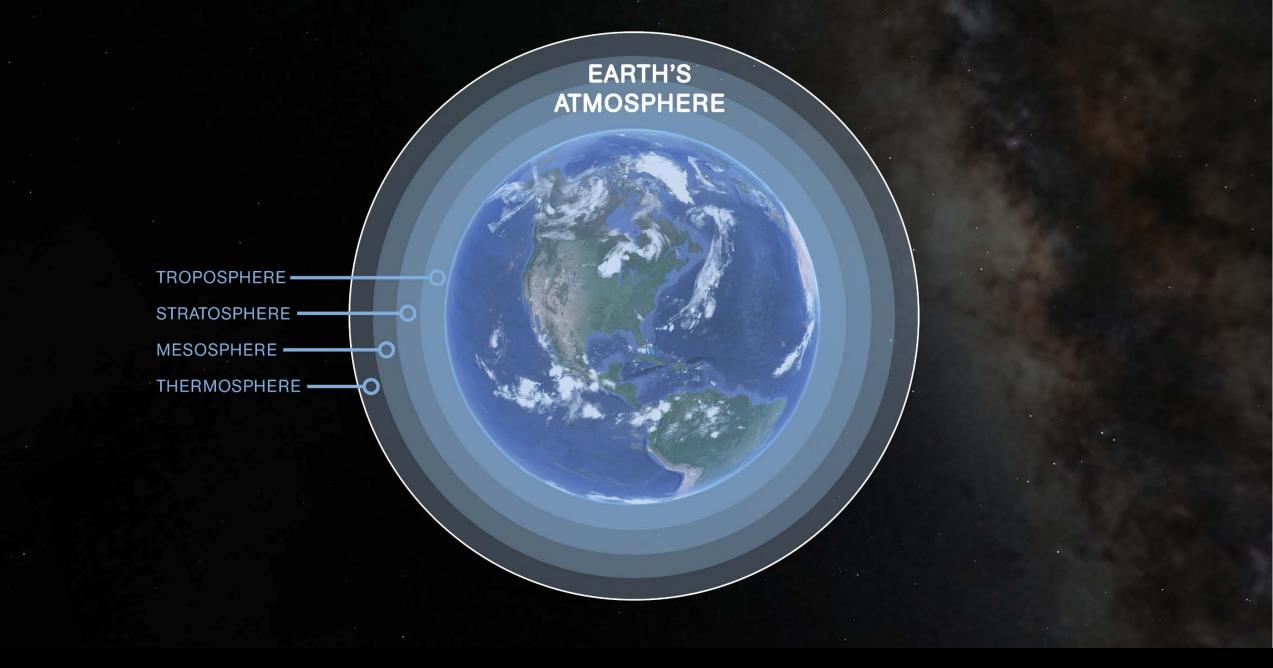
# The Backyard



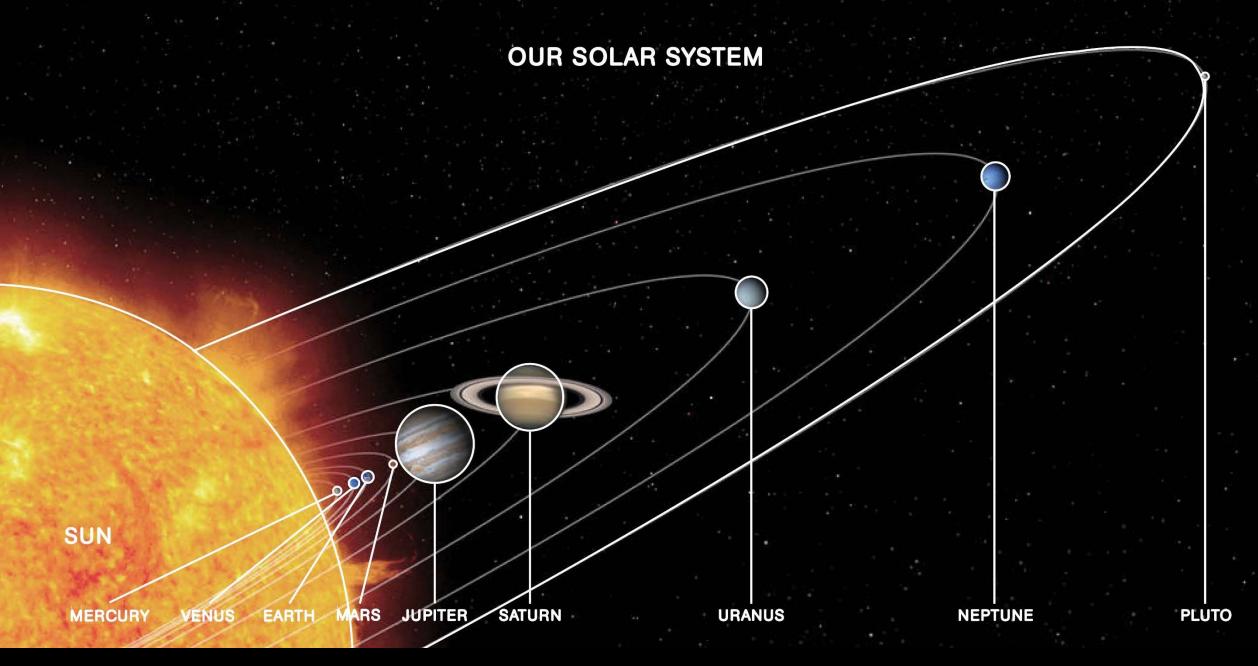
# The Forest



### The Ocean

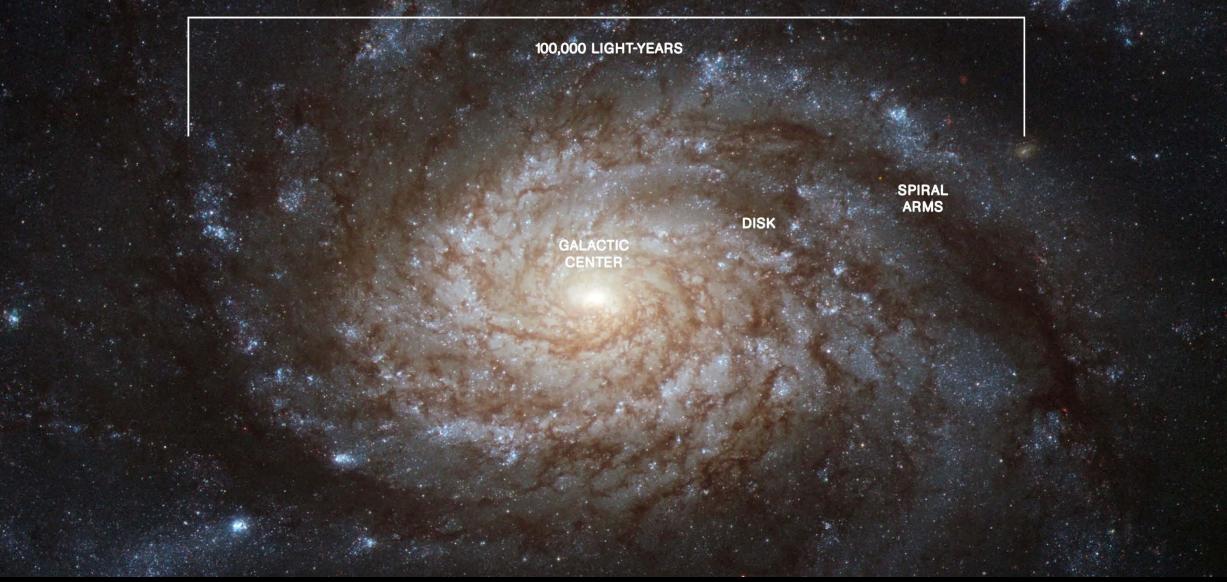


# The Atmosphere



The Solar System

#### MILKY WAY GALAXY



# The Galaxy

Backyard Pre-K & K	Forest 1st Grade	Ocean 2nd Grade
Your Expanding World		
Local fauna & their habitats	Sustainable materials	Water conservation
SOL: colors, shapes, sizes, weights, water phases, magnets, plant/animal growth, shadows, recycling, water/energy use at home	SOL: motion, interactions with water, plants/animals basic life needs, sun as energy/light/position, weather/seasons natural resources	SOL: magnets/poles, phases/measurement of matter, life cycles, habitats, types/effects of weather, plants as source oxygen

# The Journey of Discovery: Earth



There are 26 square miles that make up our backyard of Arlington











### FOREST TRAILBLAZERS

SUSTAINABLE MATERIALS

23,400

There are 23,400 square miles that make up our Virginia Forests

VIRGINIA





### The Forest Trailblazer Classrooms: Virginia Forest Species

#### **DISCOVER VIRGINIA'S** FRIENDLY FORESTS

62% of Virginia is made up of forests! These forests provide homes to a range of different species including over 70 amphibian and reptile species, 200 bird species, and 55 mammal species. 27 of the plant and animal species found in Virginia forests are threatened or endangered and need their habitat protected!

> How many different animals can you spot living in the trees in your neighborhood?





Trees are among the largest and oldest organisms on earth! Over 5,000 different products come from trees including hundreds of food items such as fruit, coffee, and nuts. They also help produce the oxygen that we breathe every day. One tree produces nearly 260 pounds of oxygen each year. How many different products around your home and our school come from trees?





the FSC (Forest Stewardship Council), which means it was grown and harvested sustainably. The interior wood is white maple and the exterior wood is western red cedar. Can you identify the 6 local wood species that line this hallway by the shapes of their leaves?

To learn more about the FSC and forest stewardship, visit: https://us.fsc.org/



#### HOW OUR SCHOOL USED SUSTAINABLE MATERIALS

22% of the materials used to build our school were harvested and manufactured within 500 miles of here. During construction, our school recycled 95% of all waste produced during the project! Recycling reduces the need to use new raw materials from the earth.

Can you find all of these different products around our school?



HOW 'CAN' YOU HELP?

There are over 80 billion aluminium

cans used each year around the world.

Recycling a single aluminum can

saves enough energy to power a TV

for three hours. Make sure you always recycle aluminum

here and at home!

The average American uses up to 680 pounds of paper each year! If you recycle all of that paper, you could save up to 6 trees each year. Use the recycling bins around our school to recycle your unwanted paper.

### The Forest Trailblazer Factoids: Forest, Materials, & Conservation



#### JOHN MUIR

John Muir was a Scottish-American naturalist, author, environmental philosopher, and advocate of preserving and protecting nature. As a wilderness explorer, he is known for his exciting adventures in search of nature's beauty. As a preservationist, he taught people the importance of experiencing and caring for our natural heritage. He has been called "The Father of our National Parks" and helped form the Sierra Club.



Sacagawea was a bilingual Lemhi Shoshone woman who accompanied Lewis and Clark's Corps of Discovery in exploring the Louisiana Purchase in 1805. She traveled thousands of miles with the expedition from the northern plains through the Rocky Mountains to the Pacific Ocean and back. Besides serving as the group's translator, Sacagawea established cultural contacts with Native American populations and researched natural history.



Daniel Boone was a pioneer, explorer, woodsman, and one of the most widely known American frontiersmen. Boone was born near Reading, Pennsylvania but later blazed a trail to the west through the Cumberland Gap, thereby providing access to the frontier. Boone played a key role in the exploration and settlement of Kentucky, including carving out the Wilderness Road and building the settlement station of Boonesboro.

## S9 NATIONAL PARKS OF THE UNITED STATES

#### THEODORE ROOSEVELT

Theodore Roosevelt was an American statesman, author, explorer, soldier, and naturalist who served as the 26th President of the United States. While President, he set aside hundreds of millions of acres of wilderness, actively pursued soil and water conservation, and created over 200 national forests, parks, monuments, and wildlife refuges.

### The Forest Trailblazer Explorers



OCEAN NAVIGATORS

WATER QUALITY & CONSERVATION

85,100,000

There are 85,100,000 cubic miles of water in our Atlantic Ocean

**ATLANTIC** 

**OCEAN** 



Atmosphere 3 <sup>rd</sup> Grade	Solar System 4th Grade	Galaxy 5th Grade
Your Expanding World		
Air Quality + Greenhouse Gas	Light	Energy
SOL: simple machines, material properties, adaptations, land/water ecosystems, soil, moon phases, water cycles, natural events, energy sources	SOL: motion/force/mass, electricity, plant anatomy, ecosystem connections, weather phenomena, solar system, sun/earth/moon relationships	SOL: sound, visible light, phases/atoms of matter, cells, organisms, ocean environment, earth's surface

### The Journey of Discovery: Sky

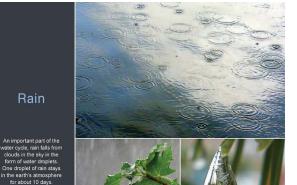


# 196,900,000

There are 196,900,000 square miles of Earth's surface that our Atmosphere surrounds

EARTH'S

**ATMOSPHERE** 



Rain

An important part of the

form of water droplets

in the earth's atmospher

for about 10 days.

Northern Lights borealis, the northern lights are a natural display of light that occurs when charged wind interact with Earth's are visible nearly every night nearer to the North Pole



Lightning is a sudden electrostatic discharge between a cloud and the ground, or within a cloud during an electrical storm Lightning is extremely hot and can heat the air around it to temperatures five times hotter than the sun's surface!







Thunder Mist Wind Hurricane water droplets suspended i gases or air, usually from cyclone storm with wind surrounding the path of the air. When warmer wate a place of high pressure to speeds ranging from 74 mph to over 160 in the air is rapidly cooled. low pressure. Depending of how close the lightning it changes from invisible their strength, winds can be mph. Hurricanes are bolt is, count the second gas to tiny visible water classified as a breeze, gale, extremely large and can droplets. The only difference storm or hurricane. Wind the thunderclap. Each between mist and fog is that can provide energy through 500 miles across second represents abou 300 meters. mist is less dens the use of wind turbines

### The Atmosphere Aviator Classrooms: Atmosphere Elements



### WHAT IS THE **GREENHOUSE EFFECT?**

Greenhouse gases in the atmosphere absorb heat radiated by the earth. This prevents heat from disappearing into space and keeps the earth warm enough to sustain life. Greenhouse gases include carbon dioxide, methane, and nitrous oxide. Too much of these gases can intensify the warming effect on the planet.

> Earth is sometimes called the Goldilocks Planet because its climate is "just right."

#### WHAT DOES OUR **ATMOSPHERE DO?**

HOW DOES OUR SCHOOL

There are 58 sensors in our school that measure

When too much carbon dioxide builds up in any one

room, the sensors call for outdoor air to be provided.

classroom of 20 people can exhale enough carbon

carbon dioxide, a gas released by breathing.

This air is first filtered and de-humidified. A

dioxide to require fresh air after 30 minutes.

197 solar panels are needed to offset the total

energy usage of our school's outdoor air system.

**GET CLEAN, FRESH AIR?** 

Earth's five-layered atmosphere provides more than just the air we breathe. It also serves as a buffer that keeps us safe from meteorites and harmful radiation. The lowest layer is the troposphere and although it only extends 11 miles high, it provides most of our weather and contains four-fifths of the earth's air.

The atmosphere is 78% nitrogen, 21% oxygen, and a 1% mix of argon, carbon dioxide, helium, and neon.

יישתיי<u>ז זייתיי</u>

### N.O HFCs PFCs



#### **OUR SCHOOL'S CARBON FOOTPRINT**

Compared to a typical elementary school of the same size, Discovery prevents 1,397 metric tons of carbon from being released into the atmosphere annually. That's the same amount of carbon that is released by burning 1.5 million pounds of coal or 157,183 gallons of gas. It would require 1,145 acres of trees to absorb

"Carbon Footprint" is the amount of carbon emissions by a country, organization, or individual person.

# **EATING LOCAL HELPS**

and help keep the air clean!

It is estimated that 13% of U.S. greenhouse gas emissions result from the production and transport of food. You can help reduce carbon emissions by choosing to eat locally grown foods.

### The Atmosphere Aviators: Atmosphere, Air, & Conservation



#### **AMELIA EARHART**

Amelia Earhart was an American aviation pioneer and author. Earhart's public career lasted less than a decade, from 1928 to 1937, but she used her fame to promote two causes important to her: the advancement of commercial aviation and the advancement of women. She became the first woman to fly solo across the Atlantic Ocean in 1932 and set many other records throughout her career.



Chuck Yeager is a retired brigadier general in the United States Air Force and record-setting test pilot. Yeager was a World War II fighter pilot ace and later commanded fighter squadrons. His flying career spans more than 60 years and has taken him to every corner of the globe. On October 14, 1947, he became the first human to officially break the sound barrier when he flew the experimental Bell X-1 rocket 670 mph.



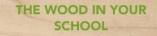
Luke Howard was a British manufacturing chemist and meteorologist. Howard was a pharmacist by profession, but meteorology was his hobby. His fascination with the weather led him to devise the classification of clouds that still remains in international use today. In December 1802, he proposed that every cloud belonged to one of three principal families, to which he gave the Latin names: cirrus, cumulus, and stratus.



#### WILBUR & ORVILLE WRIGHT

Wilbur and Orville Wright were American inventors and pioneers of flight. Considered the fathers of modern aviation, they developed innovative technology that changed the way we view our world. In 1903, the Wright brothers piloted the first powered airplane flight. Two years later, they built and flew the first fully practical airplane in Kitty Hawk, North Carolina. The same types of controls they devised then are still used today.

### The Atmosphere Aviator Explorers



There are Virginia species of trees used all throughout your school! This wood came from sustainably maintained forests because we need to protect our trees.

TALSTAN, NALL REPORTS AND ADDRESS OF TAXABLE PARTY.

CANADA GOOSE

NAME OF TAXABLE ADDRESS OF TAXABLE EFCERATIONS' AND CON CONTRUPTO LANSING

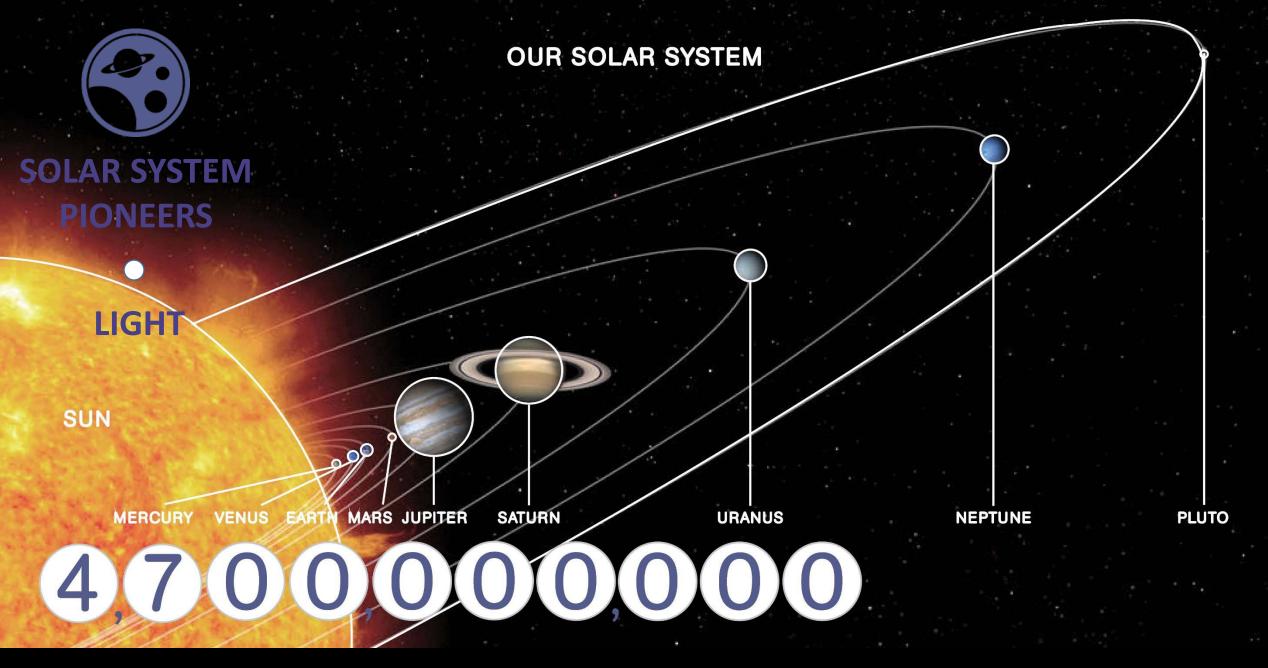
-IOLINA CHICKAGES CONCRETE MEDIA Contraction, and

PEREGRINE FALCON INCLUSION CAN ARACH SPEEDS LIFTO 300 AND ES AN HOLDE MINUTARY SMOOTHING A

-

STEEP DAVE:

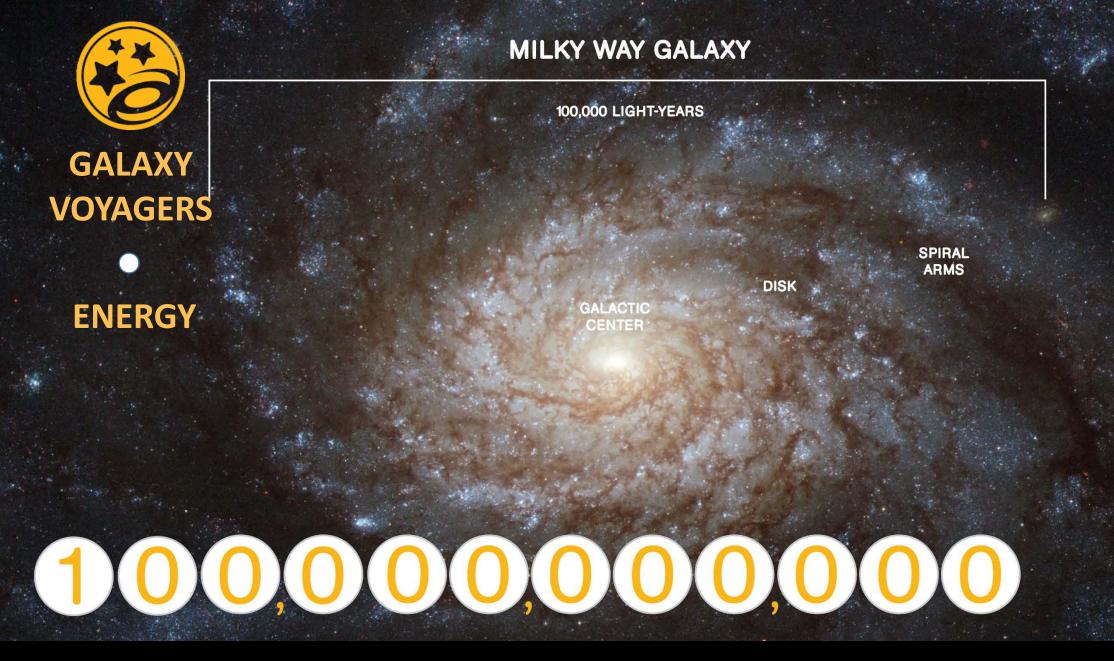
Can you identify the different wood patterns and the shapes of their leaves?



There are 4,700,000,000 miles from Earth to the edge of our Solar System - Pluto

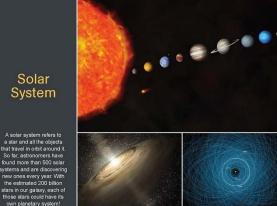






There are over 100,000,000,000 stars in our Milky Way Galaxy







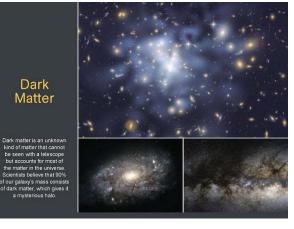


ry smail area resoluting in variational fields os storing it nothing, not even light, escape Beacause a black ble is indeed "black", it is possible for us to see. In tri b locate one, we have cook for it se flects on the nearly environment.



A nebula is an enormous cloud of dust and gas Conadered the basic building blocks of the universe, nebulae contain the elements that make up stars and solar systems. They are also among the most beautiful objects in the universe, glowing with rich colors and swirts of light.





### The Galaxy Voyager Classrooms: Milky Way Galaxy Elements



unplug powered off electronics to save energy at home and school.

"Geo" means "from the earth" and "thermal" means "heat." Geothermal refers to a type of energy found in the earth that can be captured to provide clean and renewable energy. Geothermal energy is very energy-efficient. Almost none of the energy used is wasted, so it helps keep energy bills very low!

### **EARTH'S NATURAL ENERGY SOURCE**



### WHAT IS SOLAR POWER?

Solar power is energy from the sun that is converted into thermal or electrical energy. Solar energy is the cleanest and most abundant renewable energy source available. Enough sunlight reaches the earth's surface each hour to satisfy the world's energy demands for an entire year!

#### **OUR SCHOOL EXCHANGES** HEAT WITH THE EARTH

A large system of 70 geothermal pipes circulates 12,500 gallons of water between our school and 500' deep underground wells. Heat pumps move heat back and forth between this water and our school's air. When cool air is needed, heat is taken from the air and transferred to the water. The heat pumps work in reverse when warm air is needed.

Cooling and heating costs make up about 50% of an average U.S. home's total energy bill. Lower the temperature on your thermostat in the winter and raise it in the summer when no one is home to save energy and money!

### The Galaxy Voyager Factoids: Galaxy, Energy, & Conservation

### OUR SCHOOL USES SOLAR PANELS TO PRODUCE ENERGY

There are 1,710 solar panels on our roof, which produce 618,000 kilowatt-hours of electricity annually. As sunlight moves through a photovoltaic cell, the photons in light are absorbed by the bottom of the panel and push electrons to the topside. This movement of particles creates an electrical current similar to a battery.



#### VOYAGER SPACECRAFTS

The Voyager Spacecrafts are two American robotic probes, Voyager 1 and Voyager 2, launched in 1977 to study our outer Solar System. Since their launch they continue exploring where nothing from Earth has flown before. They have made it beyond Pluto into interstellar space, the region between stars. Both spacecrafts are still sending scientific information about their surroundings through the Deep Space Network, or DSN.



#### GEORGE CARRUTHERS

George Carruthers is an African American inventor, physicist, and space scientist who has lived most of his life in Washington, D.C. As a child, he enjoyed visiting museums and was a member in various science clubs, Carruthers invented the first moon-based observatory, an ultraviolet camera which was used in the Apollo 16 mission. Carruthers was inducted into the National Inventors Hall of Fame for his contributions.



TRUE POSITION

#### ALBERT EINSTEIN

Albert Einstein was a German-born theoretical physicist. He is considered the most influential physicist of the 20<sup>th</sup> century. He developed two theories of relativity. The first is Special Relativity, which establishes the relationship between space and time through objects in motion and the constant speed of light. The second is General Relativity, which redefined the laws of gravity by focusing on gravity with inertia and the correlation between gravity and time.



Galileo Galilei was an Italian Renaissance astronomer, physicist, engineer, philosopher, and mathematician. Galileo has been called the "father of observational astronomy," the "father of modern physics," and the "father of science." He constructed a telescope which allowed him to confirm the phases of Venus, discover the four largest moons of Jupiter (named the Galilean moons), and observe sun spots.

### The Galaxy Voyager Explorers



Solar Lab outside the Galaxy corridor

### DISCOVERY EXPLORERS EXPLORING YOUR EXPANDING WORLD

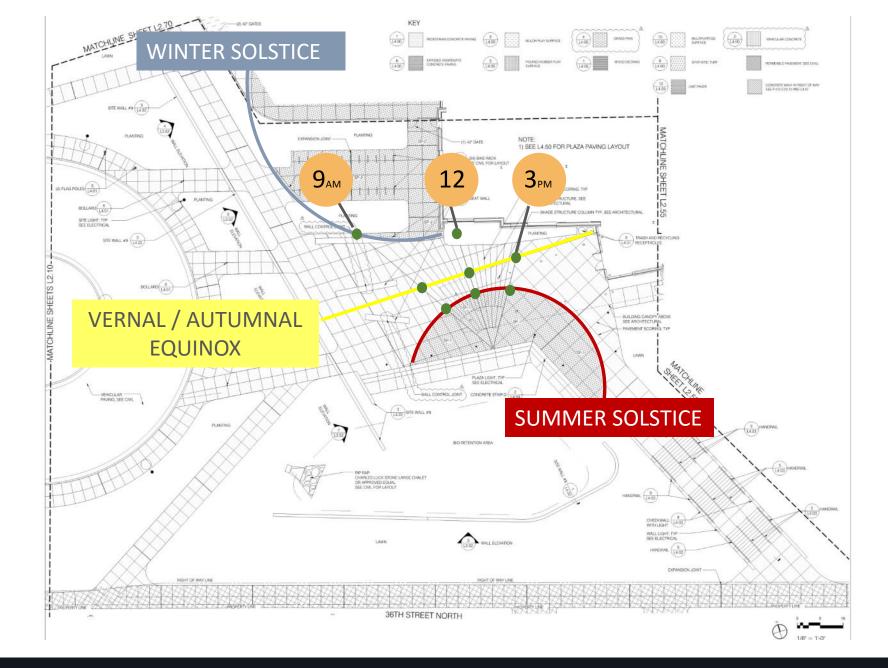


) = 85000000 2 = 23400 3 = 26









### Solar Calendar = Time of Day + Time of Year









HOME

10:35 AM TUESDAY, JUNE 21 2016



### **DISCOVER DISCOVERY**











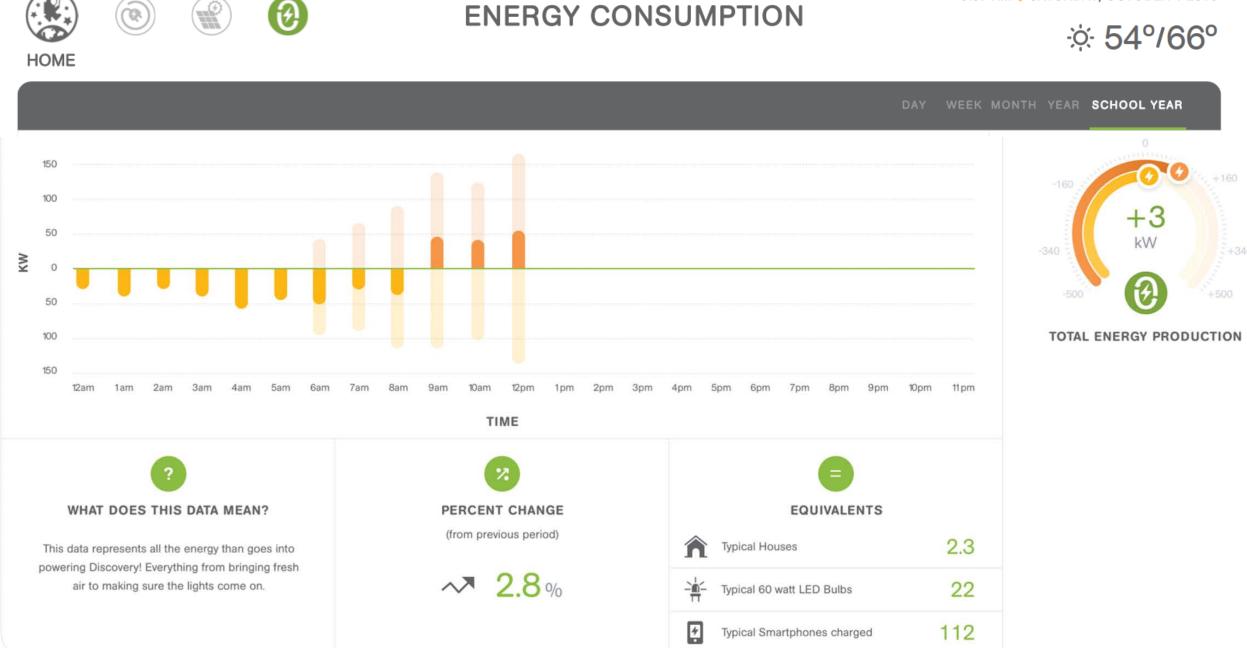
EVALUATE THE LIVE BUILDING DATA TRAVEL THE VIRTUAL TOUR CHECK OUT DISCOVERY'S WEBSITE

LEARN MORE ABOUT YOUR ECO ACTION

EXPLORE YOUR EXPANDING WORLD







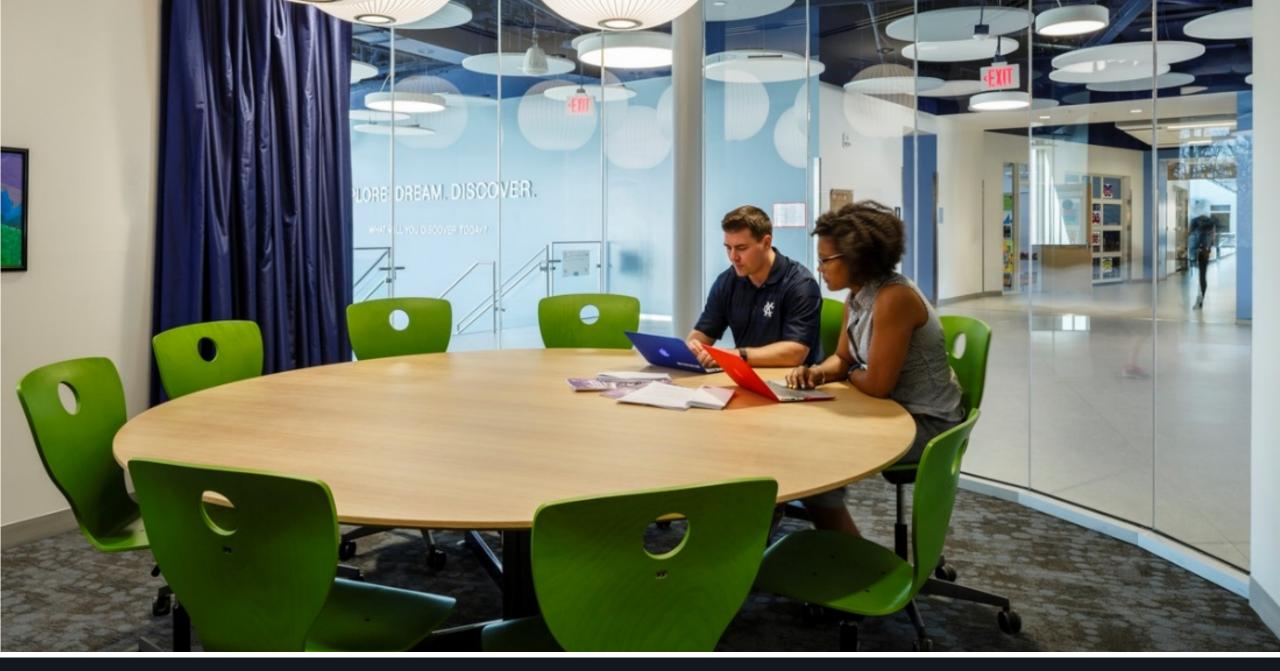
### **ENERGY CONSUMPTION**

(2)

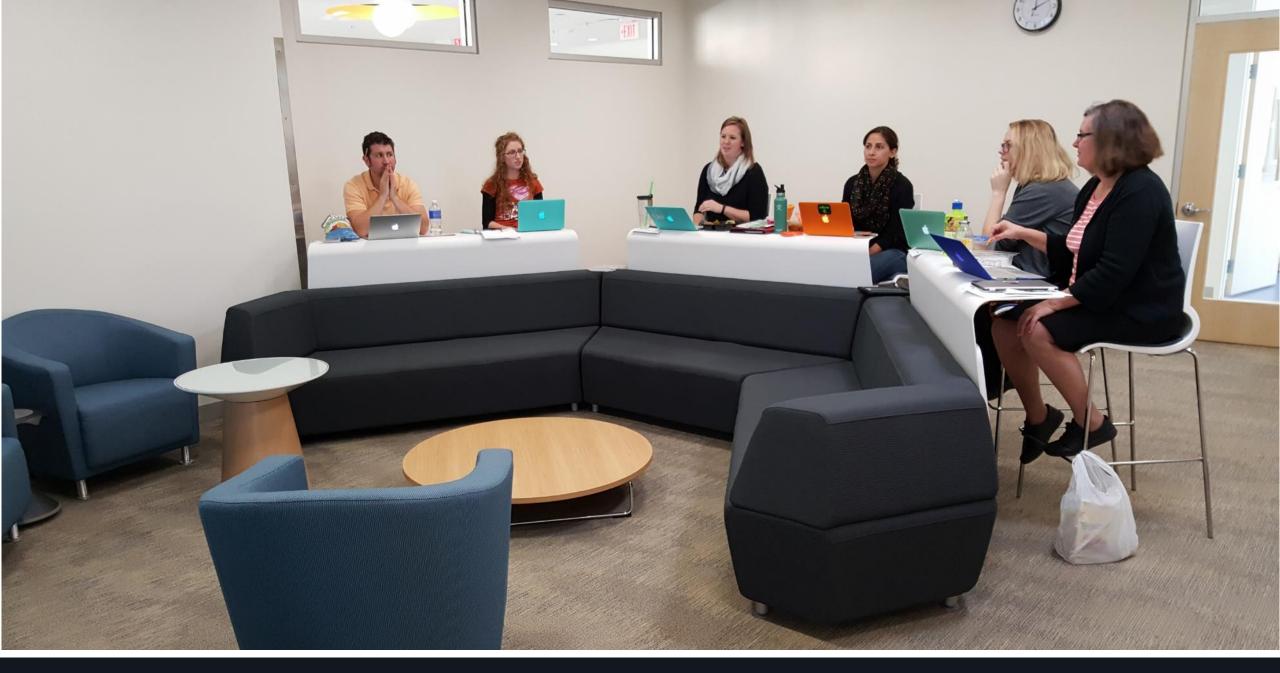
9:57 AM SATURDAY, OCTOBER 1 2016



You feel the energy when you walk in, but what does it mean for learning?



### When Collaboration Becomes The Norm



### Expanding The Notion of Team



A walk down the hallway breaks down the idea of "my isolated room"



Not 5 third grade classrooms, but 5 third grade teachers teaching all



Collaboration becomes the norm because design has stripped us of isolation





#### What is a classroom?









human graph on bike walk to school day - Ms Cs 2nd grade @DiscoveryESPTA @DiscoveryAPS @ATPcommutes @MissCoulouris





Natural light, atrium windows are Awesome to •• students @RussoErin @vmdoarchitects @PhilipDonovan







# Authentic learning

# **ECO-ACTION**

WE WILL DO OUR BEST TO MAKE OUR EARTH HEALTHIER & TO MAKE **OUR SCHOOL** A BETTER PLACE

DONATE TO, FOOD BUS REDUCE BIKE RECYCLE BUSOR POOL SHARE WHAT WE GREE NOT DISCOVERY'S ECO-CODE

Authentic learning



#### Weighing trash | Food donations | Cardboard challenge | Tour guides





200

100

+ 10

kW

300

400

# Powerful, purposeful learning



# Axis, orbit, equator, math, science, history... and the Pantheon!



## This is their school | Student ownership of their learning





# The Place To Be at 3:41



## Limitless Possibilities



#### Discovery



By Anna M on 2 May 2016

I am a bird

Who flew out of a wooden house Who flew through the whispering leaves of the forest Who soared over the depths of the ocean Then I went into the atmosphere Spinning through sparkling snow And flew into the solar system Dancing through twinkling stars And flew into the galaxy where I thought I came from a backyard

#### **Limitless Possibilities**



Constant.

ULL

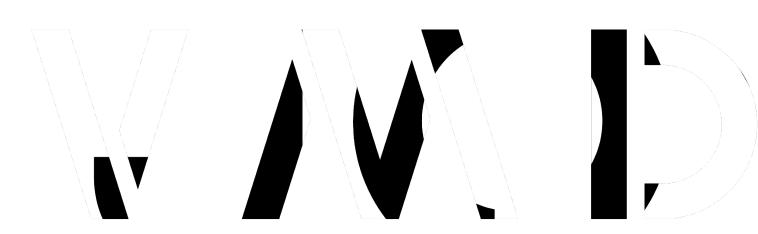
G BURD

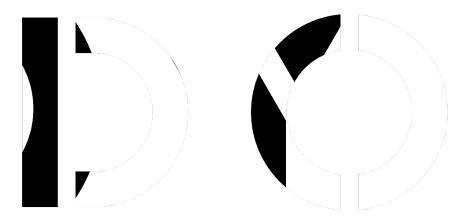
.



DOLD AUDIO Solution of the second of the se











# Contacts



#### Erin Russo, Ed.D., Principal

Discovery Elementary School

Arlington Public Schools, Arlington, VA, erin.russo@apsva.us

Wyck Knox, AIA VMDO Architects, <u>knox@vmdo.com</u>

**Devin Cheek, EIT** CMTA Consulting Engineers, <u>DevinC@cmtaegrs.com</u>